STÉPHANE PROVENCHER

D.C., PSc.D., PH.D(c), F.I.M., F.I.C.S., B.C.A.M.P., B.C.H.H.P., C.H.C., C.L.P.H.C., C.K.T.P.

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LANGUAGES

French and English

EMPLOYMENT

2016 - present Faculty Instructor Lifestyle Prescriptions® University Cheyenne, WY Holistic Family Chiropractic & Integrative Physician, Owner 2012 - present Gainesville Holistic Health Center Gainesville, VA 2014 - present Vice-President, volunteer Whole-Listic Children's Foundation

| Gainesville, VA | | | | |
|-----------------|------|-----------|--|--|
| EDUCATION | | | | |
| | 2018 | FICS | Fellowship in Chiropractic Craniopathy SORSI and ICS, (ID) USA | |
| | 2018 | СНС | Certified Homeopathic Consultant New Eden School of Natural Health & Herbal Studies, (IN) USA | |
| | 2017 | Ph.D. (C) | Doctorate and Ph.D. in Integrative Medicine (Candidate) Quantum University, (HI) USA | |
| | 2017 | PSc.D. | Pastoral Science & Medical Doctorate Pastoral Medical Association, (TX) USA | |
| | 2017 | CLPHC | Certified Lifestyle Prescriptions ® Health Coach Lifestyle Prescriptions TM University, (WY) USA | |
| | 2017 | BCAMP | Board Certified Alternative Medical Practitioner American Alternative Medical Association, (TX) USA | |
| | 2017 | FIM | Fellowship in Integrative Medicine, American Association of Anti-Aging, Boca Raton (FL) USA | |
| | 2017 | ВСННР | Board Certified Holistic Health Practitioner American Association of Drugless Practitioners, (TX) USA | |
| | 2015 | DICS | Diplomate in Chiropractic Craniopathy SORSI and ICS, (ID) USA | |
| | 2012 | CC | Craniopathy Certification SORSI and ICS, (ID) USA | |
| | 2007 | DC | Doctor of Chiropractic Degree, Logan College of Chiropractic, (MO) USA | |

ACADEMIC & PROFESSIONAL HONORS

| March 2018 | Talk of the Town Award, Haymarket VA 2018 |
|----------------|--|
| December 2017 | America's Top Chiropractors of the Year 2017 |
| September 2017 | Talk of the Town Award, Haymarket VA 2017 |
| May 2017 | Holistic and Integrative Medicine Practitioner of the Year 2017 |
| December 2016 | America's Top Chiropractors of the Year 2016 |
| August 2016 | Talk of the Town Award, Haymarket VA 2016 |
| July 2016 | Certificate of Recognition for Podium Presentation at the International Conference on Holistic Medicine and Holistic Nursing |
| July 2016 | Certificate of Appreciation for Outstanding Leadership, Commitment and Engagement toward Moderating the <i>International Conference on Holistic</i> Medicine and Holistic Nursing |
| June 2016 | Holistic and Integrative Medicine Practitioner of the Year 2016 |
| August 2015 | Talk of the Town Award, Haymarket VA 2015 |
| August 2015 | America's Top Chiropractors of the Year 2015 |
| August 2014 | Talk of the Town Award, Haymarket VA 2014 |
| August 2013 | Talk of the Town Award, Haymarket VA 2013 |
| August 2013 | America's Top Chiropractors of the Year 2012 |
| August 2012 | America's Top Chiropractors of the Year 2011 |
| September 2011 | Presidential Research Award by SORSI |
| October 2010 | Presidential Appreciation Award by SORSI |
| May 2010 | First prize for best podium presentation at the AHC 30 th Research Conference, St Louis MO |
| November 2009 | First prize for best poster presentation at the COCA 8 th Biennial Research Conference, Sydney Australia |
| October 2009 | Researcher of the Year 2009 by SORSI |
| October 2009 | America's Top Chiropractors of the Year 2009 |
| October 2008 | DeCamp Research Award by SORSI |
| December 2007 | Health Center Achievement Award & Clinical Assistant Award by LCC |
| December 2007 | Who's Who among students in American Universities Awards |

PROFESSIONAL EXPERIENCES

| February 2010 - Present | Chiropractic Research Alliance (CRA) Member-at-Large |
|---------------------------------|---|
| April 2009 – Present | Sacro Occipital Research Society International, Inc. (SORSI) Chairman of Research |
| April 2008 - Present | SORSI Mid-Year Research and Education Symposium Certified Instructor |
| October 2008 - Present | SORSI Homecoming Symposium Certified Instructor |
| April 2009 – April 2012 | SORSI Charge of Webinars & Newsletters |
| September 2007 – September 2008 | Logan College of Chiropractic, SOT TM & Gonstead Technique Classes Volunteer Assistant Instructor |

AUTHOR

| 2018 | Chiropractic – A Layperson Explanation eBook. Author |
|------|---|
| 2018 | Beginners Guide to Paleo Diet eBook. Lead author with Gina Phelps. |
| 2018 | The Gluten Freedom – A Basic Guide to Life Gluten Free. eBook. Lead author with Gina Phelps. |
| 2018 | Lyme Disease – A Better Understanding. eBook. Author. |
| 2018 | Sleep Well – A Whole-Listic Remedy Guide for Healthful Sleep. eBook. Author. |
| 2017 | America's STAR Entrepreneurs - the Power of Purpose. Author and contributor among with Joe Vitale, Dr. Deepak Chopra MD, Dr. John F. Demartini. America's Legacy Library. ASIN B078FYD9QP |
| 2016 | Beyond the Back: The Chiropractic Alternative for Conditions Beyond the Back: 9 Top Chiropractors Share How They Help Patients Avoid Drugs and Surgery Naturally, <i>Co-author. Prominence Publishing</i> , ISBN: 978-0-9737453-2-0 |
| 2015 | Leaders and Legends of America Author and Contributor among Dr. Wayne Dyer, Louise Hay, Bob Proctor, Jack Canfield, Brian Tracy, Dr. John Demartini, Less Brown, and more. America's Legacy Library, ISBN: 978-1-4951-6544-3 |
| 2014 | Billionaire Parenting - Give Your Kids the World Lead authored with Jennifer Luc. iUniverse, ISBN: 978-1491734575 |

PROFESSIONAL CERTIFICATIONS

October 2018 Certified Homeopathic Consultant By New Eden School of Natural Health & Herbal Studies April 2018 Fellowship of International Craniopath International (FICS) By SORSI and ICS December 2017 Lifestyle Prescription® Health Coach By Lifestyle Prescription® University June 2017 Fellowship in Integrative Medicine By American Association of Anti-Aging (A4M) April 2017 Board Certified as Holistic Health and Alternative Medicine By American Association of Drugless Practitioners (AADP) August 2016 Auriculotherapy Hypnotherapy Neuro-Linguistic Programming (NLP) Aromatherapy Creative Integrative Healthcare Training Quantum Physic: New Context for Medicine New Quantum Biology for Medicine Quantum Healer; Quantum Doctor; Quantum Biology Quantum Health Care Management Health Freedom Options Biofeedback Practitioner Training Quantum Hematology Quantum Healing and Consciousness The Five Pillars of Health Quantum Hormonology Quantum Taoist Medicine and Acupuncture Integrative Holistic Healthcare Quantum Homeopathy and Homotoxicology New Quantum Medicine Historical Surveys and Foundations Orthomolecular Nutrition Herbal Medicine Nutrition, Diet and Nutrition & Nutrition in Action By Quantum University April 2015 Diplomat of International Craniopath International (DICS) by SORSI and ICS April 2012 Craniopathy Certification (CC) by SORSI and ICS November 2010 Pediatric and Pregnancy 180 hrs Certification by International Chiropractic Pediatric Association (ICPA) April 2010 SOT® Method Advance Certification by SORSI

September 2009 Webster Technique Certified by ICPA

Professional Certifications (con't)

October 2008 SOT® Method Basic Certification

by SORSI

September 2008 Two Chiropractic Pediatrics 36 hrs Certificates

/ January 2006 by LCC

April 2007 Chiropractic Craniopathy 137.5 hrs Certificate

by LCĈ

October 2006 Whiplash 100 hrs Certificate

by LCC

September 2005 Certification in Kinesiotaping (CKTP)

CLINICAL RESEARCH STUDIES IN PROGRESS

S. Provencher. Implementing Quantum Medicine Prevented Further Surgeries in Early Brain Injured Children. Submitted for Thesis on April 2019.

ARTICLES, ABSTRACTS AND POSTERS - RESEARCH

- **S. Provencher,** JR Fissliger. A Bio-Psycho-Social lifestyle prescriptions® approach to assess and treat behavioral and physical health related issues in children. 2017. Podium Presentation at the Holistic Medicine and Holistic Nursing Conference. Toronto Canada.
- **S. Provencher.** A collaborative model of healthcare with an integration of holistic, complementary, alternative, integrative, functional and allopathic medicine for children. 2017. Podium Presentation at the Holistic Medicine and Holistic Nursing Conference. Toronto Canada.
- **S. Provencher,** S. Mason. A Patient Centered Integrative and Holistic Medicine Algorithm Model of Collaborative Healthcare. 2016. Podium Presentation at the Holistic Medicine and Holistic Nursing Conference. Philadelphia PA.
- **S. Provencher**. Sacro Occipital Technic Craniopathy Strain Correction in a Two-Year-Old Female with Non-Synostotic Deformational Plagiocephaly and Right Ventriculoperitoneal Shunt- A Case Report. 2012. Poster Presentation at ACC/RAC, Las Vegas NV.
- M. Unger-Boyd, DeCamp O.N., **Provencher S**. A Clinical Trial to Investigate Whole Body Compensation Due to Sacroiliac Joint Dysfunction. April 2011. Poster presentation accepted for WFC, Rio de Janerio Brazil.
- S. Seekins, **Provencher S.**, Unger JF *Temporal-Occipital Cranial Strain: A Case of Pediatric Stuttering*. March 2011. Poster presentation accepted for ACC/RAC, Las Vegas NV
- M. Unger-Boyd, Unger JF, **Provencher S**. Co-management of Dystocia Resulting in a Normal Delivery A Case Report. March 2011. Poster presentation accepted for ACC/RAC, Las Vegas NV
- B. Forgosh, **Provencher S.**, Blum CL. Cranial Bone Imbalance, TMJ Dysfunction and Craniocervical Syndrome and its Effect on the Sucking Reflex in a Two Month Old Female Infant: A Case Report. October 2010. Poster Presentation at the ICPA Research Conference, Washington DC
- B. Forgosh, **Provencher S.**, Blum CL. Successful Resolution of Congenital Torticollis with Non-Synostotic Deformational Plagiocephaly in a Three Month Old Infant: A Case Report. October 2010. Poster Presentation at the ICPA Research Conference, Washington DC
- **S. Provencher,** J.F. Unger Jr. Sacro Occipital Research Society International: the Major's Legacy A History Report. May 2010. Podium presentation at the Association for the History of Chiropractic, St Louis MO. Best Podium Presentation First Prize.
- **S. Provencher**, Unger, JF, Effects on Postural Control with a Sacroiliac Belt and Ten Chiropractic Treatment on 11 Random Fibromyalgia Subjects: A Pilot Study. March 2010. Poster presentation at the ACC/RAC, Las Vegas NV

- **S. Provencher.** Viscerosomatic Reflex and Cranial Distortion in a Case of Bilateral Knee Pain A Case report. Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29
- **S. Provencher.** Bilateral Loss of Hearing after a 10,000 Feet Mountain Climbing Completely Restore by De Jarnette SOTTM and Cranial Adjustment A Case report. Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29
- **S. Provencher.** Viscerosomatic Reflex in a Case of Unexplained Uterine Bleeding A Case report. Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29
- **S. Provencher.** Cranial Strain in a Two Year-Old Girl with a Right Ventriculo-Peritoneal Shunt with Motor Impairments A Case Report. Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago II April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29
- **S. Provencher**, J.F. Unger Jr. Effects on Postural Control with a Sacroiliac Belt and Ten Chiropractic Treatment on 11 Random Fibromyalgia Subjects: A Pilot Study. Poster presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29
- Taylor N., **Provencher S.** Symphysis Pubis Dysfunction in Three Individuals with Pelvic and Groin Pain Case Reports. Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago II April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29
- J.F. Unger Jr, **Provencher S.** Thoracic 8 Viscerosomatic Reflex in Cases of Low Back Pain, Liver Failure and Infertility Case Reports. Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago II April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29
- J.F. Unger Jr, **Provencher S.**, O. N. DeCamp, *A Pilot Study: Cranial Distortion and Category II Pelvic Blocking*. IRB approve 1997, Journal of Vertebral Subluxation Research; 2009 Dec 18, p.1-11.
- J.F. Unger Jr, **Provencher, S.** Compression of the Sacroiliac Joint with a Sacroiliac Belt on 36 Subjects Improved Postural Control: A Pilot Study. November 2009. Poster presentation at COCA 8th Biennal Conference, Sydney Australia. Best Poster Presentation First Prize.
- J.F. Unger Jr, **Provencher, S.** Fibromyalgia: A Chiropractic Perspective and Results of Five Subjects Pilot Study. November 2009. Poster presentation at COCA 8th Biennal Conference, Sydney Australia.
- J.F. Unger Jr, **Provencher, S.** Chiropractic Manipulative Reflex Technique Protocol to the 8th Thoracic Vertebra in a Case of Chronic Gastrointestinal Dysfunction. October 2009. Poster presentation at Neuroscience Brain Research: Neural Mechanism of Ingestive Behavior and Obesity Conference, Chicago IL
- Zhang, J., **S Provencher,** JF Unger Jr. 2009. Changes in Heart Rate Variability in Healthy Human Subjects on a New Bicycle Seat versus Traditional Bicycle Saddle: A Pilot Study. April 2009. ICCR/WFC, Montréal, Canada.
- DeCamp ON, **S Provencher,** M Unger-Boyd. 2009. A Pilot Study: Investigating the Sacroiliac Syndrome. April 2009. ICCR/WFC, Montréal, Canada.
- Unger JF., **S. Provencher**. Compression of the Sacroiliac Joint with a Sacroiliac Belt on 36 Subjects Improved Postural Control: A Pilot Study. April 2009. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL.
- **Provencher S.**, JF. Unger Jr.. Compression of the Sacroiliac Joint with a Sacroiliac Belt on 11 Subjects with Fibromyalgia Improved Postural Control: A Pilot Study. April 2009. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL.

- **Provencher S.**, JF. Unger Jr. Ten Sacro Occipital Technic and Sutural Protocol Treatment in 5 cases of Fibromyalgia A Pilot Study. April 2009. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL.
- **Provencher S.** Improvement in Quality of Life in Two case with Fibromyalgia and Porphyria. April 2009. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL.
- **Provencher S**, JF Unger Jr. Restoration of the Craniosacral Respiratory Mechanism in Fibromyalgia via Specific SOTTM Chiropractic and Cranial Treatments. April 2008. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL, Journal of Vertebral Subluxation Research.
- DeCamp ON, **S Provencher,** M Unger-Boyd. *A Pilot Study: Investigating the Sacroiliac Syndrome.* April 2008. Podium presentation at the SORSI Mid-Year Research Symposium, Chicago IL, Journal of Vertebral Subluxation Research.
- **Provencher S.**, D. Riederer, DV Lenihan. *Neuromuscular Transmission Time Changes in Long Distance Runners*. 2007. IRB approved; Submission to Muscles and Nerves Journal in process
- Cranwell, R., S. Provencher. Case Report: Gonstead Specific Chiropractic Treatment Effect on a Patient with Grand Mal Seizure with Associated Hallucination. 2007. Logan Library Provencher S., F. Keough, D. Monken, A. Bridgeforth, M. Unger-Boyd. 2007. A Pilot Study: Improvement on Sway Velocity with a Sacroiliac Belt. 2007. Logan Library
- **Provencher S.**, J. Fifes, L. Killian, T. Thomas, J. Braithwaite, P. Montgomery and DV Lenihan. A Pilot Study: The Effect on the Recruitment of the Motor Unit Pattern of the Erector Spinae Group After a Logan Basic Technique Adjustment. 2007. Logan Library.
- **Provencher S.**, S. Simmons, E. Woods, B. Nickels-Johnson, P. Pelligrino and P. Montgomery. A Pilot Study: Determination of a Logan Basic Adjustment on the Brachial Artery Flow-Mediated Dilation in a Student Population. 2007. Logan Library.
- **Provencher S.**, D. Riederer, C. Wawrzyniak and DV Lenihan. *Neuromuscular Transmission Time Changes in Long Distance Runners*. 2006. Logan Library.
- **Provencher S.**, D. Riederer, C. Wawrzyniak and DV Lenihan. *The effect of proprioceptive training on Quadricep Femoris Muscle reflex amplitude*. 2006. Logan Library.
- **Provencher S.**, D. Riederer, C. Wawrzyniak and DV Lenihan. *The effect of proprioceptive training on F-wave frequency and amplitude*. 2006. IRB approved.
- **Provencher S.**, D. Riederer, C. Wawrzyniak and DV Lenihan. *The Effect Of SpineForce Training On The Nerve Conduction Velocity Of The Quadricep Femoris Muscle*. 2006. IRB approved
- Zhang, J., S. Provencher. Chiropractic Adjustment and Electrical Stimuli Evoked Potentials of the Lumbar Vertebrae on Somatosensory Cortex. 2005. IRB approved
- Piché M., S. Robert, **S. Provencher** and G. Bronchti. *Cross-modal plasticity in the ZRDCT/An anophthalmic mouse : c-fos immunoreactivity and anterograde dextran-biotin tracing, Brain Plasticity and Learning Therapies.* July 2003. Poster presentation at the Neuroscience conference, Turin, Italie.
- Robert S., M. Piché, **S. Provencher** and G. Bronchti, *Auditory inputs and auditory activation in the visual system of ZRDCT/An anophthalmic mouse.* November 2003. Poster presentation at the Society for Neuroscience 33rd Meeting, New Orleans, USA.
- **Provencher S.**, [Use of fluorescent tracer in the study of neuronal connection in the sensory brain structure of blind mice.] March 2003. Poster presentation at UQTR.

RESEARCH EXPERIENCES

2004 - present Bioresonance, Biowell, Biofeedback, HeartMath, Needle

EMG, surface EMG, surface SSEP, HRV, SpineForce, NeuroCom balance master, Midot balance unit, F-wave, M-wave, H-reflex, Pro-adjuster, jitter, vibration power-pate,

algometer

2002 - 2004 Microtome brain cutting, microscopy, fluorescence and

Biotin dye injection into mice and rats brain, perfusion mice and rats hearts with paraformaldehyde, anesthesia with Somnotol, Immunofluorescence, C-Fos protocol,

Myelin/ Eosin/Chrom-alum histological stain

PROFESSIONAL MEMBERSHIPS

Lifetime Sacro Occipital Research Society International, Inc. (SORSI)

Lifetime Association for the History of Chiropractic (AHC)

2017 - Present American Association of Anti-Aging (A4M)

2017 - Present American College of Lifestyle Medicine (ACLM)

2017 - Present International Foundation for Integrated Care (IFIC)

2016 - Present American Association of Drugless Practitioners (AADP)

2016 - Present American Holistic Health Associate (AHHA)